

Ways to leave a gift

A Pecuniary legacy – where you specify the amount you would like to leave in your will.

A Residuary legacy - this is the remainder of your estate once any specific gifts have been made to friends and family or a percentage of it.

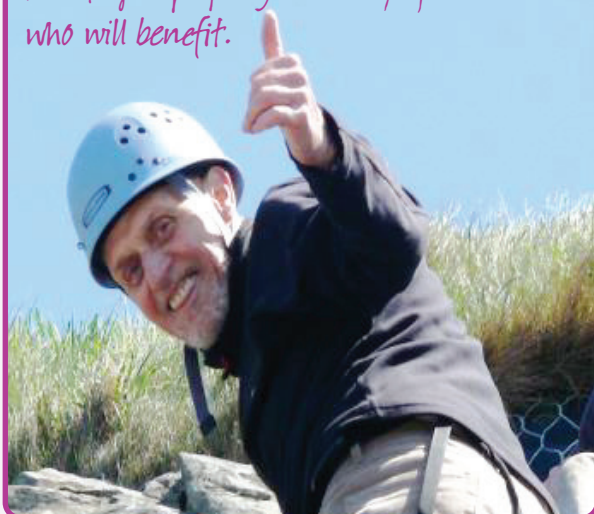
A Specific legacy - where you leave a particular item.

Advice on the exact legal wording can be found on our website odyssey.org.uk/donate/gift-will/ or call **0345 363 2207**

It's also a good idea to contact your solicitor.

If you would like any further advice we would be delighted to help, please contact info@odyssey.org.uk

Please let us know if you decide to leave a legacy to Odyssey. We would like to thank you properly on behalf of those who will benefit.



Why leave a gift

For over 25 years participants have been telling us that Odyssey has transformed their lives. It has helped them to:

- Deal with uncertainty
- Face the future with new optimism and confidence
- Return to work
- Become a mum, dad, wife, husband again
- Become more physically active
- Take up a hobby or start volunteering
- Return to education
- Engage with the community
- Appreciate life

In a recent survey of people who had attended Odyssey over the past 10 years it was found that the positive impact of a course was one which had had a lasting outcome on their lives.

If you'd like to find out more about leaving a gift to Odyssey go to odyssey.org.uk or call **0345 363 2207**

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Challenging Cancer
Odyssey

A gift to Odyssey
can help someone
with cancer rebuild
their life



odyssey.org.uk

Odyssey Challenging Cancer

Who we are

Odyssey is a national charity that helps people to overcome the psychological impact of cancer and rebuild their shattered spirits.

Cancer can affect a person's mind often as much, if not more than their physical body.

Odyssey's approach of active engagement rather than introspection helps to restore people's zest for life and enables them to live with uncertainty.

Our unique charity offers 5-day residential courses, using the majesty of the outdoors, journeying through the unknown, facing new challenges and having fun with both peer and professional support.

The cost is free to cancer patients but the impact is priceless.

Like ripples on a lake the impact reaches far beyond the individual, touching family, friends and the wider community.

We are there for you

Odyssey is there for anyone over 18 who is struggling to re-engage with life following their diagnosis.



Jane was diagnosed with breast cancer aged 49. Just as she was expecting the all clear bone cancer was found in her pelvis. After 5 years of gruelling treatments she felt very low and worried for her 3 children. After attending Odyssey she wrote:

"Odyssey gave me the ability to carry on through adversity, the confidence to try new things but above all a continued love of life"

Leave a gift

Leaving a gift in your will is a way to support Odyssey and help transform people's lives after your death.

The course came at a perfect time when I needed help taking stock and motivation. I emerged from the course happier, more relaxed and determined to enjoy life.

David: Cumbria Odyssey



To help people like Jane and David we rely on the generosity of individuals who donate to the charity and those who leave a gift in their will. The team that runs Odyssey is immensely grateful to everyone who supports us financially and makes Odyssey possible.

Our programme takes just 5 days, but the difference lasts a lifetime

Difficult to put into words, I just feel alive again.

Birgit: Wales Odyssey